

Quotes

Friendship is born at the moment one person says to another, "What! You too? I thought I was the only one!" - C.S. Lewis

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference. - Reinhold Niebuhr

Courage is not the absence of fear, but the strength to do what is right in the face of it. - Jan Johnson

Our lives improve only when we take chances - and the first and most difficult risk we can take is to be honest with ourselves - Walter Anderson

Honesty, in some areas of our lives, is the road less traveled - Anonymous

Man is broken. He lives by mending. The grace of God is the glue. - Eugene O'Neill

More tears are shed over answered prayers than unanswered ones. - Mother Teresa

Do not ask the Lord to guide your footsteps, if you are not willing to move your feet. Anonymous

There are moments when, whatever be the attitude of the body, the soul is on its knees. - Victor Hugo

Integrity is telling myself the truth. And honesty is telling the truth to other people - Anonymous

Character is what you are in the dark. - Dwight L. Moody

Sooner or later everyone sits down to a banquet of consequences - Robert Louis Stevenson

A non-negotiable part of our lives being healed and changed is the growing presence of honesty - Anonymous

Insanity: doing the same thing over and over again and expecting different results - Albert Einstein

The first step toward change is awareness. The second step is acceptance. - Nathaniel Branden

Yes, there are two paths you can go by, but in the long run there's still time to change the road you're on. - Led Zeppelin: Stairway to Heaven

When you blame others you give up your power to change. - Robert Anthony

Healing is a matter of time, but it also is a matter of opportunity

A man has free choice to the extent that he is rational - Saint Thomas Aquinas

Isolation is the sum total of wretchedness to a man. – Thomas Carlyle

All addiction can do for you is kill youthe long hard way. And it can kill the people you love right along with you. – Billie Holiday

Being ignorant is not so much a shame as being unwilling to learn.
– Benjamin Franklin

Still a man hears what he wants to hear and disregards the rest.
– Paul Simon: The Boxer

History teaches us that men behave wisely once they have exhausted all other alternatives. – Abba Eban

Drinking beer is easy. Trashing your hotel room is easy. But being a Christian, that's a tough call. That's rebellion. – Alice Cooper

We are made wise not by the recollection of our past, but by the responsibility for our future. – George Bernard Shaw

When one door closes, another door opens; but we often look so long and so regretfully upon the closed door, that we do not see the ones which open for us.

We tell lies when we are afraid; afraid of what we don't know, afraid of what others will think, afraid of what will be found out about us. - Tad Williams

We may think there is willpower involved, but more likely change is due to "want power", wanting the new me in preference to the person I am now.
– George Sheehan

You may have to fight a battle more than once to win it. – Margaret Thatcher

If there is no struggle, there is no progress. – Frederick Douglas